

BONE AND JOINT DECADE 2000–2010

FOR THE PREVENTION AND TREATMENT OF MUSCULOSKELETAL DISORDERS

N

National Association Ankylosing Spondylitis Patient (Portugal)
National Association Against Osteoporosis (Portugal)
National Association for the Relief of Paget's Disease (UK)
National Association of Patients with Infantile Arthritis (Portugal)
National Association of Patients with Lupus (Portugal)
National Association of Patients with Rheumatoid Arthritis (Portugal)
National Back Pain Association (UK)
National Center for Spinal Disorders
National Council for Persons with Physical Disabilities in South Africa
National Osteoporosis Foundation
National Osteoporosis Society (UK)
National Rehabilitation Board (Ireland)
National Rheumatoid Arthritis Patient Association (Portugal)
Netherlands Antilles Association of Orthopaedic Surgeons
Netherlands Expert Centre for Work related Musculoskeletal Disorders
Netherlands Society of Rehabilitation Physicians
Netherlands Society of Rheumatoid Arthritis Surgery
Netherlands Society of Traumatologists
New Zealand Artificial Limb Board
New Zealand Association of Occupational Therapists
New Zealand Chiropractors Association
New Zealand Federation of Amputees
New Zealand Orthopaedic Association
New Zealand Register for Osteopaths
New Zealand Rheumatology Association
New Zealand Society of Physiotherapists
Nigerian Orthopaedic Association
Nordic Orthopaedic Federation
Nordic Rheuma Council
North American Spine Society
Norsk Revmatikerforbund (Norwegian Rheumatism Association)
Norwegian Orthopaedic Association
Norwegian Society for Rheumatology

O-P

Orthopaedic Association, Republic of China (Taiwan)
Orthopaedic Rehabilitation Association (US)
Orthopaedic Research and Education Foundation (US)
Orthopaedic Research Society
Orthopaedic Research Foundation (Netherlands)
Orthopaedic Society of Istanbul
Orthopaedic Society of Izmir
Orthopaedic Trauma Association (US)
Orthopaedics Overseas
Orthopedics and Traumatology Society of Uruguay
Orthopädische Gesellschaft für Osteologie
Orton Orthopaedic Hospital, Invalit Foundation
Osteoarthritis and Cartilage
Osteoarthritis Research Society International
Osteogenesis Imperfecta Federation Europe
Osteogenesis Imperfecta Foundation
Osteoporosis New Zealand
Osteoporosis Association (Netherlands)
Osteoporosis Australia
Osteoporosis International
Osteoporosis Society of Canada
Osteoporosis Society of the Philippines
Österreichische Gesellschaft für Orthopädie und Osteoporosis
Österreichische Gesellschaft für Rheumatologie
Österreichische Gesellschaft für Unfallchirurgie
Pagets Disease Charitable Trust and Support Group (New Zealand)

Paget Foundation for Paget's Disease of Bone and Related Disorders (US)
Pakistan Orthopaedic Association
Pakistan Society for the Rehabilitation of the Disabled
Pakistan Society for Rheumatology
Pan American League of Associations for Rheumatology
Patient National Association Against Osteoporosis (Portugal)
Pediatric Orthopaedic Society of North America
Peruvian Society for Rheumatology
Peruvian Society of Orthopaedics and Traumatology
Philippine Bone Foundation
Philippine Orthopaedic Association
Philippine Rheumatology Association
Philippines Rheumatism Association
Physiatric Association of Spine, Sports and Occupational Rehabilitation
Physical Medicine Research Foundation (Canada)
Polish Orthopaedic and Traumatologic Society
Polish Rheumatological Society
Portuguese League Against Rheumatic Diseases
Portuguese Medical Association
Portuguese Society for Osteoporosis and Metabolic Bone Diseases
Portuguese Society of Orthopaedics and Traumatology
Portuguese Society of Physical Medicine and Rehabilitation
Primary Care Rheumatology Society
Psoriatic Arthropathy Alliance (UK)
Puerto Rican Society of Orthopaedics and Traumatology

Q-R

Quebec Physiatrist Association
Raynaud's and Scleroderma Association
Rehabilitation Centre Victoria Mane Seychelles
Rheuma Association of Slovenia
Rheumatology Association of Bosnia and Herzegovina
Rheumatology Nursing Forum
Rehabilitation International Medical Commission
Reumatikerförbundet
Revisat Española de Enfermedades Metabólicas Óseas
Rheumatism Foundation (Finland)
Rheumatoid Arthritis Surgical Society
Rheumatology Association of Georgia
Rheumatology Society of Taiwan
Romanian Association of Orthopaedics and Traumatology
Romanian Society for Rheumatology
Romanian Society of Physical Medicine and Rehabilitation
Royal Association for Disability and Rehabilitation
Royal Netherlands Society for Physiotherapy
Russian Orthopaedic Association
Ruth Jackson Orthopaedic Society (US)

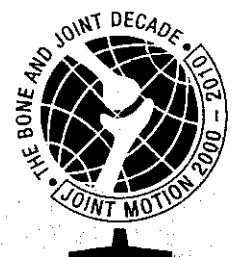
S

SALUS Foundation
Saudi Arabian Orthopaedic Society
Scandinavian Society for Surgery of the Hand
Schweizerische Gesellschaft für Rheumatologie
Schweizerische Rheumaliga
Scientific Society of Rheumatologists of Lithuania
Scoliosis Research Society (US)
Sektion Kinderorthopädie der Deutsche Gesellschaft für Orthopädie und Traumatologie
Sektion Osteologie der Deutsche Gesellschaft für Orthopädie und Traumatologie
Sektion Wirbelsäule der Deutsche Gesellschaft für Orthopädie und Traumatologie



"It is rare that only one professional group is involved in the care of a patient. On the contrary, in order to achieve the optimal care and outcome for the musculoskeletal patient we need work together, each health care professional pitching in his or her expertise. Too often claims are made, forgetting this aspect that really should be obvious."

— KRISTINA ÅKESSON, MD, PHD
Department of Orthopaedics,
Malmö University Hospital,
Malmö SWEDEN



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Singapore Orthopaedic Association
Singapore Physiotherapy Association
Singapore Radiological Society
Singapore Society of Immunology, Allergy and Rheumatology
Slovak League against Rheumatism
Slovak Orthopaedic and Traumatologic Society
Slovak Osteoporosis Society
Slovak Rheumatological Society
Slovak Union against Osteoporosis
Slovenian Orthopaedic Association
Slovenian Section of Rheumatology
Sociedad Argentina de Medicina Fisica y Rehabilitacion
Sociedad Argentina de Reumatologia
Sociedad Boliviana de Ortopedia y Traumatologia
Sociedad Chilena de Ortopedia y Traumatologia
Sociedad Chilena de Reumatologia
Sociedad Colombiana de Cirurgia Ortopedica y Traumatologia
Sociedad Cubana de Ortopedia y Traumatologia
Sociedad Cubana de Reumatologia
Sociedad Dominicana de Ortopedia y Traumatologia
Sociedad Dominicana de Reumatologia
Sociedad Ecuatoriana de Ortopedia
Sociedad Ecuatoriana de Reumatologia
Sociedad Española de Investigaciones Oseas y del Metabolismo Mineral
Sociedad Hondurena de Ortopedia y Traumatologia
Sociedad Iberoamericana de Osteologia y Metabolismo Mineral
Sociedad Latinoamericana de Ortopedia y Traumatologia
Sociedad Nicaraguense de Ortopedia y Traumatologia
Sociedad Panameña de Ortopedia y Traumatologia
Sociedad Panameña de Reumatologia
Sociedad Salvadorena de Reumatologia
Sociedad Venezolana de Cirurgia Ortopedica e Traumatologia
Sociedade Brasileira de Ortopedia e Traumatologia
Sociedade Brasileira de Reumatologia
Società Italiana di Reumatologia
Società Emiliana Romagnola e Triveneta di Ortopedia e Traumatologia
Società Italiana Chirurgia della Mano
Società Italiana Osteoporosi e Malattie del Metabolismo Minerale e Scheletrico
Società Italiana Revisioni Protesi
Società Italiana dell'osteoporosi del Malattie dello scheletro
Società Italiana di Microchirurgia
Società Italiana di Ortopedia e Traumatologia
Società Italiana di Ortopedia e Traumatologia Pediatrica
Società Medica Italiana della Paraplegia
Società Piemontese, Ligure, Lombarda Ortopedia e Traumatologia
Société Française de Chirurgie Orthopédique et Traumatologique
Société Française de Médecine Physique et de Réadaptation
Société Française de Rhumatologie
Société Haitienne d'Orthopédie et Traumatologie
Société Royale Belge d'Orthopédie et de Traumatologie
Société Royale Belge de Rhumatologie
Society for Backpain Research
Society for Biomaterials (US)
Society for Connective Tissue Research (Czech Republic)
Society for Physical and Rehabilitation Medicine of Slovenian Medical Association
South African Orthopaedic Association
South African Orthopaedic Society
South African Rheumatism and Arthritis Association

Spanish League against Rheumatism
Spanish Society for Rheumatism
Spanish Society for Surgery of the Hand
Spanish Society of Orthopaedics and Traumatology
Spanish Society of Rehabilitation and Physical Medicine
Spinal Cord Injuries Association of Nigeria
Spine Society of Europe
Sports Medicine Association of Nigeria
Sports Medicine Association of Singapore
SPRI
Stichting Patiëntenbelangen Orthopaedie
Swedish Association of Traffic and Polio Victims
Swedish Medical Research Council
Swedish Orthopedic Association
Swedish Osteoporosis Patient Society
Swedish Osteoporosis Society
Swedish Rheumatism Association
Swedish Society for Rheumatology
Svensk Idrottsmedicin
Swiss Association of Orthopaedic Surgery
Swiss League against Rheumatism
Swiss Orthopaedic Association
Swiss Polyarthritis Association
Swiss Society for Traumatology and Insurance Medicine
Swiss Society for Pediatric Surgery
Swiss Society for Public Health
Swiss Society for Surgery of the Hand
Swiss Society of Physical Medicine and Rehabilitation

T-U

Tamil Nadu Orthopaedic Association
Thai Orthopaedic Association
Thai Rheumatism Association
Traumatologists and Orthopaedics Association of Russia
Tunisian League Against Rheumatism
Turkish Association of Foot and Ankle
Turkish Association of Sportive Trauma
Turkish Association of the Knee and Arthroscopy
Turkish League Against Rheumatism
Turkish Society for Surgery of the Hand
Turkish Society of Arthroplasty
Turkish Society of Orthopaedic Surgeons and Traumatology
Turkish Society of Spine Surgery
Turkish Society of Trauma
Ukrainian Association of Rheumatologists
Union of Bulgarian Journalists
United Nations
Uruguayan Society of Rheumatology

V-Z

Vereins für Chron Polyarthritis
Vietnam Rheumatology Association
Western Orthopaedic Association (US)
Wishbone Trust (UK)
World Confederation for Physical Therapy
World Federation of Chiropractic
World Federation of Occupational Therapists
World Health Organisation
World Orthopaedic Concern
Zentralverband der Krankengymnasten



*he BJD is important
to orthopaedic and
rheumatology surgeons
because statistics
show longer life
expectancy and the
increasing number of
trauma and degener-
ative pathologies and
their related conditions
that we need to
understand, diagnose
and treat with current
resources. The BJD
will help provide and
discover much needed
new resources."*

MARCOS E. MUSAFIR, MD
Chief, Emergency
Medicine and Trauma,
Federal University
of Rio de Janeiro,
Rio de Janeiro BRAZIL



BONE AND JOINT DECADE 2000–2010

FOR THE PREVENTION AND TREATMENT OF MUSCULOSKELETAL DISORDERS

HOW TO GET INVOLVED

You have an important role in the Bone and Joint Decade. Until we stand together united in our commitment and actions to improve the health-related quality of life for people affected by musculoskeletal disorders, there is much that can be done to turn the tide. For more information, go to www.boneandjointdecade.org. Here's how you can help:

IF YOU ARE AFFECTED BY A MUSCULOSKELETAL DISORDER

- Join one of the more than 750 organisations that participate with the Bone and Joint Decade and get actively involved. If your organisation is already a Participating Organisation of the Bone and Joint Decade, encourage them to get involved with the national activities in your country. If you don't know if your organisation is participating member, go to www.boneandjointdecade.org for the full list.
- Participate in a musculoskeletal awareness or education program sponsored by your organisation to learn effective tips in managing the disorder and preventing disability. If you know of others affected by musculoskeletal disorders, encourage them to get involved in these beneficial programs.
- Encourage your organisation to advocate for increased funding for musculoskeletal research by government, funding foundations and industry.
- Help develop, implement and publicize education, support and advocacy programs to help those affected live better lives.
- Write letters to your legislative representative and state/province's top health officials. Explain how your musculoskeletal disorder impacts your life and advocate for increased funding for musculoskeletal research and education.
- Write similar letters to the editor of your local newspaper to be published.
- Encourage your physician and health care professionals to get involved in the Bone and Joint Decade activities in their professional societies.

IF YOU ARE A PHYSICIAN OR HEALTH CARE PROFESSIONAL

- Encourage your musculoskeletal-related professional society or patient organisation to become a Participating Organisation of the Bone and Joint Decade and take a leadership role in the development of activities in your country's National Action Network.
- Encourage other community service organisations to which you belong to collaborate with Participating Organisations in your country, for example, in public awareness campaigns to promote early detection and treatment to prevent disability.
- Write letters to your legislative representative and state/province's and nation's top health officials to encourage increased funding for musculoskeletal research.

BECOME A PARTICIPATING ORGANISATION

If your organisation or institution is interested in becoming a Participating Organisation of the Bone and Joint Decade, contact the Bone and Joint Decade Secretariat at bjd@ort.lu.se.

BECOME A CORPORATE PARTNER

If your company is interested in becoming involved with the Bone and Joint Decade, contact Karsten Dreinhöfer, MD, Director of Development, at karsten.dreinhoefer@medizin.uni-ulm.de.

MEDIA AND PUBLIC RELATIONS

If you are a journalist or media representative, contact Amye Leong, Spokesperson & Director of Strategic Relations, at AmyeLeong@aol.com.



"Annually, on roads throughout the world one million people die and thirty four million are seriously injured or disabled. Musculoskeletal injuries occur in fifty percent of the cases and play an important role in determining outcome. The problem is growing in the developing countries, resulting in great suffering and economic losses. Under the Bone and Joint Decade, a coalition of professional and advocacy groups with government and industry will work together to control the neglected epidemic of road traffic injuries."

— BRUCE D. BROWNER,
MD, PROFESSOR
Chairman, Department
of Orthopaedic Surgery,
University of Connecticut
Health Center,
Director of Orthopaedics,
Hartford Hospital
Farmington, Connecticut
USA



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PARTNERS AND CONTRIBUTORS

The Bone and Joint Decade extends its gratitude to the many individuals, organisations and corporations which have contributed funds and services toward its programs, activities and global development.

Founding Corporate Partners for Research and Education

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Corporate Partners for Technical Development

Aircast, Inc.

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Corporate Supporters

Merck & Company

Schering-Plough

Major Grants

Commission of the European Communities

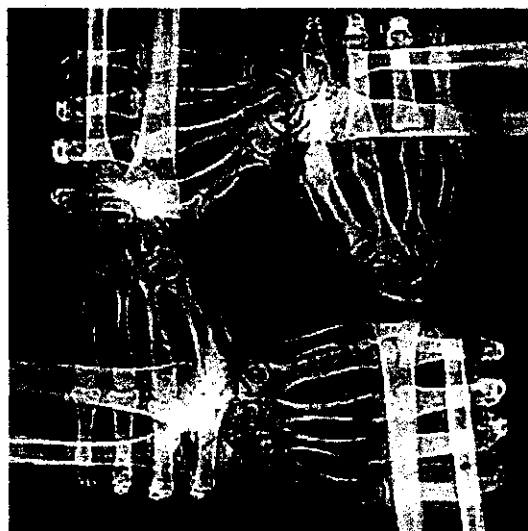
Musculoskeletal e-Cooperative Project

Pharmacia



"In nearly thirty years with the Arthritis Foundation, I have been amazed at the learning that occurs and strength which develops when diverse patients, and professionals, get together. The Decade is the best opportunity I have yet seen for that process to have real impact at every level, from the lives of the individuals who become a part of the effort, to the national and international agencies they can move when working together."

**— ARMIN U. KUDER,
ESQUIRE**
Partner with Kuder,
Smollar & Friedman, PC
Trustee Emeritus,
Arthritis Foundation
Washington, District of
Columbia USA



Partnerships and collaborations are the building blocks of the Bone and Joint Decade.



www.boneandjointdecade.org

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Conferences, Meetings, Other Support

Acta Orthopaedica Scandinavia
American Academy of Orthopaedic Surgeons
American Board of Physical Medicine and Rheumatology
American College of Rheumatology
American Orthopaedic Association
American Physical Therapy Association
Arthritis Foundation USA
Association Bone and Joint Surgeons
Association of Academic Physiatrists
Aventis Pharmaceuticals
Baugarten Stiftung Zürich
Biomet, Inc.
British Orthopaedic Association
Deutsche Gesellschaft für Orthopädie und Traumatologie (DGOT)
European Federation of Orthopaedics and Traumatology (EFORT)
German Orthopaedic Association
Gösta och Sonia Strandquists stiftelse
Health Ministry of Oman
Japanese Orthopaedic Association
LL Foundation
Lund University
Minister of Health, Germany
Minister of Health, Sultanate of Oman
North American Spine Society
Novartis Pharma AG
Orthopaedic Research Society
Osteoarthritis Research Society
Plus Endoprothetic AG
Rheumatology Association of the Republic of China
Salus Foundation
Searle Scandinavia
Société Française de Chirurgie Orthopédique et Traumatologique (SOFOT)
Spanish Orthopaedic Association
Spine Society of Europe
Sulzer Medica
Swedish Medical Research Council
Swiss Orthopaedic Association



"Rheumatologists in the USA want very much to be part of a global effort. The BJD provides the vehicle for interaction and communication, data pooling, and generation of the feeling that our approaches to rheumatic diseases are international in scope. Now, more than ever, rheumatologists and the patients that they care for need to interact globally with their colleagues, united and not fragmented, in the knowledge about rheumatic diseases and the therapies for them."

— EDWARD D. HARRIS, JR., MD
George DeForest Barnett
Professor of Medicine,
Stanford University
School of Medicine,
Palo Alto, California
USA

