可能性がある。なお、Tomitaらの用いた採血機種はいずれもHaemonetics社のMCS-3PあるいはCCSであるので間歇方式であると思われる。今後、成分献血におけるVVR発生率を論ずるときに採血機種の差も調べる必要があると考える。

成分献血におけるVVR発生率と年齢との関係を見ると、いずれの年齢においても男女とも初回献血者のVVR発生率が再来献血者のそれより高く、また初回の全血献血のそれよりも高かった。とくに、60歳以上の女性で初回献血者9人のうち4人(44%)がVVRを起こしており、60歳代で献血が初めての女性に成分献血を適用することについて、至急検討する必要があると考える。Tomitaらは45歳以上の女性の成分献血にVVRが多いと報告しているが、われわれの検討では再来献血に限るとそのような傾向はみられなかった。むしろ、全血献血にみられるように加齢に伴って減少する傾向がみられ、その頻度は全年齢とも5%未満であり、初回の成分献血者のように非常に高いということはなかった。

成分献血におけるVVR発生率と体重の関係を見るとすべての体重において、初回献血者のVVR発生率は再来の成分献血や初回の全血献血のそれより高かった。また、その頻度もほとんどの体重で5%を超えており、初回献血者への成分献血の適用を再検討する必要があると考える。再来の男性

では低体重の献血者でVVR発生率が高い傾向があるが、その頻度は全体重において1%以下であり、400mL献血のそれとほぼ同じ値である。現在のわが国の体重と採血量に関する基準では、成分献血者の安全性は十分確保されていると考えられる。Tomitaらの報告では、循環血液量の少ない女性でVVR発生率が4%を超えている。われわれは循環血液量を調べていないが、その算出値の大きな要素となる体重について調査した。その結果、再来の女性ではVVR発生率が低体重で非常に高いということはなかった。初回献血者では、すべての体重でVVR発生率が5%以上と非常に高いので、初回献血者の割合が多くなることの方がVVR発生数に大きな影響があるのではないかと考えられる。

われわれは初回の成分献血でVVR発生率が非常に高いことを認めたが、このことは献血者の安全上問題である。それとともに、一度VVRを起こした献血者はその後に献血をすることが少ないという報告もあり<sup>8),18)</sup>、血液の安定供給という点でも問題であると考える。英国の基準では、過去2年以内に全血献血を行い副作用のなかった人に成分献血を適用している<sup>19)</sup>。わが国でもそのようなことを考慮する必要があるのではないかと考える。また、採血機種によってVVR発生率に差があるかどうかも今後に残された問題である。

### 文 献

- 1) 佐竹正博ほか:採血により献血者に起こる副作用・合併症の解析—平成14年度の全国データから 一, 平成15年度厚生労働科学研究費補助金(医薬品 等医療技術リスク評価研究事業)分担研究報告書, 平成16年3月,40頁.
- 2) 日本赤十字社:採血にかかる副作用報告(平成15年度のまとめ) 平成16年9月
- 3) 日本赤十字血液事業本部:採血にかかる副作用報告(平成16年度のまとめ) 平成17年9月.
- 4) 日本赤十字血液事業本部:採血にかかる副作用報告(平成17年度上半期のまとめ) 平成17年12月.
- 5) Trough-Trend J. J., et al.: A case-controlled multicenter study of vasovagal reactions in blood donors:

- influence of sex, age, donation status, weight, blood pressure, and pulse. Transfusion, 39: 316-320, 1999.
- 6) Newman B.H.: Vasovagal reactions in high school students; findings relative to race, risk factor synergism, female sex, and non-high school participants. Transfusion, 42: 1557-1560, 2002.
- 7) Newman B.H., *et al.*: Donor reactions in high-school donors: the effects of sex, weight, and collection volume. Transfusion, 46: 284-288, 2006.
- 8) 平野良紀ほか:血管迷走神経反応(VVR)の発生状況とその後の献血者動向について、血液事業,24:405,2001.
- 9) 阿部のり子ほか:原因および誘因調査に基づくVVR防止対策の検討. 血液事業, 24:463, 2001.

- 10) 大坂道敏ほか:献血とVVR 新潟県赤十字血液センター, 1999年 17-22頁.
- 11) Tomita T., *et al.*: Vasovagal reactions in apheresis donors. Transfusion, 42: 1561-1566, 2002.
- 12) McLeod B.C., *et al.*: Frequency of immediate adverse effects associated with apheresis donation. Transfusion, 38: 938-943, 1998.
- 13) 日本赤十字社:標準作業手順書(採血)XI. 採血副 作用に関すること(作業手順) 2005年9月.
- 14) 栢野千恵ほか:献血者の遅発性VVR様副作用の実 態調査. 血液事業, 25:47, 2002.
- 15) Newman B.H., *et al.*: A study of 178 consecutive vasovagal syncopal reactions from the perspective of safety. Transfusion, 41: 1475-1479, 2001.
- 16) Popovsky M.A.: Vasovagal donor reactions: An

- important issue with implications for the blood supply. Transfusion, 42: 1534-1536, 2002.
- 17) Gilcher R.O.: Apheresis; Principles and technology of hemapheresis: In: Simon TL, Dzik WH, Sydner EL, Sarmiento A.L., eds. Rossi's Principles of Transfusion Medicine. Philadelphia: Lippincott, Williams & Wilkins, p648-658, 2002.
- 18) Newman B.H.: Adjusting our management of female blood donors: the key to an adequate blood supply. Transfusion, 44: 591-596, 2004.
- 19) UK Blood Transfusion and Tissue Transplantation Services: Donor Selection Guidelines. (Internet) http://www.transfusionguidelines.org.uk/index.asp? Publication=DG (accessed at 2006-4-12)



## Vasovagal reactions in apheresis donors

Tadao Tomita, Miyuki Takayanagi, Kimie Kiwada, Akemi Mieda, Chiyoko Takahashi, and Tadayoshi Hata

**BACKGROUND:** The incidence rate of vasovagal reactions (VVRs) in apheresis is known to be higher in women than in men donors. VVRs in women apheresis donors were therefore analyzed to find out possible factors for their high incidence.

**STUDY DESIGN AND METHODS:** VVR incidence was compared between whole blood (WB) and apheresis donation in relation mainly to age and circulatory blood volume (CBV). In addition, blood pressure and pulse rate were measured during apheresis.

RESULTS: In WB donors, the VVR incidence was 0.83 and 1.25 percent, while in apheresis donors it was 0.99 and 4.17 percent in men and women, respectively. The VVR incidence decreased with age in WB donors, but age dependence was very weak in apheresis donors. In elderly women, the incidence increased with repeating cycle of apheresis. There were three different patterns of pulse fluctuation during apheresis, that is, stable (type A), increased rate during blood withdrawal (type B), and irregular pattern (type C). Elderly women donors and donors who suffered from VVRs mostly showed type B fluctuation. There was no particular fluctuation in blood pressure in relation to apheresis cycles.

**CONCLUSION:** The VVR incidence rate was particularly high in women apheresis donors over 45 years old and increased with repeating cycles of apheresis. Smaller CBV, high sensitivity of low-pressure baroreceptors, and citrate effects on cardiovascular reflex might be major factors involved in the high incidence of VVRs.

**ABBREVIATIONS:** CBV = circulatory blood volume; VVR(s) = vasovagal reaction(s); WB = whole blood.

From the Japanese Red Cross Toyohashi Blood Center, Toyohashi, Japan; and the Department of Clinical Pathology, Fujita Health University, Toyoake, Japan.

Address reprint requests to: Tadao Tomita, MD, DPhil, Japanese Red Cross Toyohashi Blood Center, Higashiwaki 3-4-1, Toyohashi 441-8083, Japan. E-mail: ttomita@fujita-hu.ac.jp.

Received for publication February 28, 2002; revision received June 28, 2002, and accepted July 11, 2002.

TRANSFUSION 2002:1561-1566.

lood donors occasionally have adverse reactions such as weakness, pallor, nausea, sweating, and fainting during or after blood withdrawal. $^{1,2}$  These symptoms are generally called vasovagal reactions (VVRs). The rate of incidence of VVRs has been analyzed mainly on the whole blood (WB) donors and reported to be higher in younger donors and at the first time of donation.2-4 The contribution of other factors such as body weight and blood pressure is less clear. It has been reported for Japanese donors that there is no clear sex difference of VVR incidence in WB donors (1.70% in men, 1.85% in women), but that the rate of VVRs in apheresis is significantly higher in women (4.04%) than men donors (1.24%).4 Failure of proper circulatory compensation by the autonomic nervous system may be an important factor responsible for the VVRs, but the mechanisms underlying these reactions are still mostly unclear. In the present study, therefore, the VVR incidence was demographically analyzed mainly on the apheresis donors in our blood center. In addition to this, blood pressure and pulse rate were measured to determine if characteristic alterations occurred during apheresis.

### **MATERIALS AND METHODS**

The data accumulated from the voluntary blood donors were analyzed for the incidence of VVRs in the population of WB donors (a total of 20,025 men and 8,164 women during a 1-year period in 2000; including 200 and 400 mL phlebotomy) and in apheresis donors (14,523 men and 6,722 women; combined plasma [68.1%] and platelet collection [21.9%]), during the 3-year period 1999 to 2001. The equipment used for apheresis was either a multicomponent system (MCS 3P) or a component collecting system (Haemonetics, Tokyo, Japan). There was little functional difference between these machines. VVRs were judged from donor's symptoms described in the introduction by experienced nurses. VVRs were mostly relatively minor and syncopal episodes only occurred in a few percent of VVR donors. The VVR incidence rate was calculated for each age or for the circulatory blood volume (CBV) at a 100-mL step and averaged at each range indicated in the figures. Numerical values are expressed

as means  $\pm$  SD. The data approximated most closely to normal distributions when examined with the Kolmogorov-Simirnov test. Significance of the difference was tested by with two-tailed, unpaired t-tests and the level of significance was set at p < 0.05.

The CBV (in mL) was estimated by following equations proposed by Ogawa et al.<sup>5</sup> for Japanese people:

 $CBV = 168H^3 + 50W + 444$  for men

 $CBV = 250H^3 + 63W - 662$  for women

where H is height (m) and W is weight (kg).

Blood pressure and pulse rate were measured automatically every 1 minute during apheresis in 42 men (19-67 years old) and 72 women (18-69 years old) with a automatic blood pressure monitor (Paramatec, PS-230). The reliability of the pulse rate measurement was confirmed by the simultaneous electrocardiograph measurements in three donors. All procedures were fully explained beforehand and carried out on donors who agreed to participate in the study.

### **RESULTS**

In Fig. 1, the incidence of VVRs that occurred in WB and apheresis donation was compared between men and women donors of different ages. The incidence rate of VVRs associated with WB donation decreased with advancing age both in men and in women. In contrast, there was no such a clear tendency in VVRs in apheresis and the VVR incidence rate in apheresis was much higher in women than men, particularly in elderly donors. The

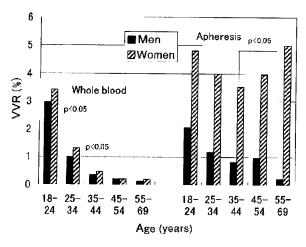


Fig. 1. VVR incidence rate in relation to age in WB and apheresis donors. Note that in men donors the incidence decreased with advancing ages both in WB and in apheresis donation, but that in women donors there was a large difference between WB and apheresis donation. The difference was significant (p < 0.05) between the younger three ranges of WB donors and men apheresis donors and also between 35- and 44- and 55- to 69-year-old women apheresis donors.

mean incidence of VVRs of WB donors was 0.83 percent in men and 1.25 percent in women, while that of apheresis donors was 0.99 percent in men and 4.17 percent in women. These incidence rates were similar to those previously reported.<sup>4</sup>

The relationship between the VVR incidence and age in apheresis donors differed depending on the apheresis cycle (Fig. 2). In men donors, the incidence of VVRs that occurred during the first and second cycles decreased with age and was similar to the WB donation shown in Fig. 1, but it was independent of age at the third-fourth cycles. In women donors, the incidence also decreased with age at the first cycle, but it was independent of age at the second cycle and increased slightly with advancing age at the third to fourth cycles. There was a clear tendency for VVRs to occur at a later stage of apheresis with advancing age.

VVRs are known to occur more frequently in first-time donors than in repeated donors.<sup>2-4,6</sup> However, in women apheresis donors, there was no significant difference in the number of previous donations between healthy and VVR donors. Nearly all of the women apheresis donors over 45 years old who suffered from VVRs donated repeatedly (mean, 24.8 times) and VVRs were detected in only one first-time donor (1 of 45).

The high rate of VVRs in women donors in apheresis could partly be related to the fact that the CBV is significantly less (approx., 20%) in women than in men donors (Table 1). The mean CBV of the donors who suffered from VVRs was also slightly less (approx., 4%) than that of the control donors and the differences were significant (p < 0.01) both for men and for women donors.

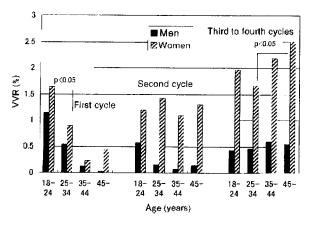


Fig. 2. The relationship between VVR incidence and age at different stages of apheresis. In younger donors, VVRs incidence did not differ much at different cycles of apheresis. In contrast, older donors tended to experience VVRs at a later stage of apheresis. A significant difference was indicated by the p value of less than 0.05. The difference between 18- and 24- and 25- to 34-year-old men donors at the second cycle was also significant (p < 0.05).

	Control	VVR donors
NB		
Men	$4617.5 \pm 536.4 \ (n = 1582)$	4417.7 ± 496.8 (n = 168
Women	$3681.3 \pm 520.2 (n = 668)'$	3475.5 ± 447.6 (n = 102
Apheresis	, ,	`
Men	4587.8 ± 505.0 (n = 1592)	4431.9 ± 431.5 (n = 144
Women	3719.1 ± 546.7 (n = 734)	3584.7 ± 425.7 (n = 280

\* The values of control WB and apheresis donors were based on the data for 1- and 4-month periods, respectively. The differences of blood volume between control and VVR donors were statistically significant (p < 0.01) for WB and apheresis donors of both sexes.

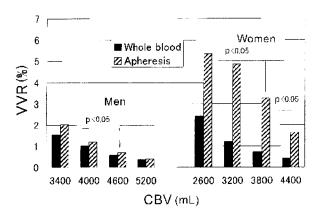


Fig. 3. VVR incidence in relation to CBV in WB and apheresis donation. The CBV was calculated by the equations described in the method. The significance of the difference is indicated by p < 0.05.

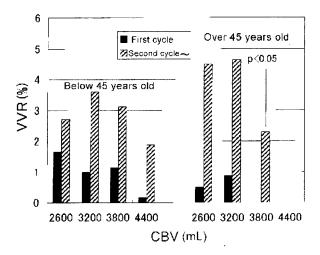


Fig. 4. VVR incidence in relation to CBV before (first cycle) and after the end of first cycle of apheresis (second cycle) in women donors below and over 45 years old. Note the higher incidence with smaller CBV and also after the first cycle of apheresis.

The relationship between the CBV and VVR incidence was compared in WB and apheresis donation (Fig. 3). In men, there was a tendency for the incidence of VVRs to decrease with larger CBV both in WB and in apheresis donors. In women apheresis donors, the CBV dependency was weaker in apheresis compared with WB donors.

CBV dependency of the VVR incidence was greater in older than young women donors. The incidence rate of women donors over 45 years old was

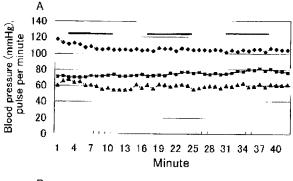
4.8, 2.8, and 0 percent with CBV of 2600 to 3700, 3800 to 4300, and greater than 4400 mL, respectively. In contrast, in the donors below 45 years old, it was 5.1, 3.6, and 1.9 percent, respectively. In men donors, such a clear difference was not detected.

The relationship between CBV and VVR incidence during the first and the second to fourth cycles of apheresis differed between women donors younger and older than 45 years old, as shown in Fig. 4. Below 45 years of age, approximately 25 percent of VVRs occurred at the first cycle relatively independent of the CBV, whereas over 45 years of age, only 10 percent of VVRs were observed at the first cycle. In women over 45 years old, the VVR incidence was much less in the donors having CBVs greater than 3800 mL.

VVR incidence during apheresis in women donors over 45 years old was relatively high (see Fig. 1), particularly at the later stage of apheresis (see Figs. 2 and 4). To investigate the possible mechanisms underlying these factors, blood pressure and pulse rate were measured during apheresis in 72 women (19-36 years old, n=53; 40-69 years old, n=19) and 42 men donors (19-27 years old, n=27; 44-67 years old, n=15).

Typical examples of blood pressure and pulse rate recorded during apheresis are shown in Figs. 5A and 5B, by averaging values obtained from five donors. Systolic blood pressure gradually decreased by about 15 mmHg in 10 to 15 minutes after starting apheresis and then became more or less steady. Diastolic pressure also decreased with time at the beginning but its degree was less than systolic pressure. Irregular fluctuations were often observed in diastolic pressure. No clear change was observed in relation to blood withdrawal and return both in systolic and in diastolic pressure. A particular pattern of blood pressure could not be used for prediction of VVR occurrence.

In contrast to blood pressure, blood withdrawal affected the pulse rate. Three different patterns of changed pulse rate were found during apheresis. One pattern was a reasonably stable rate throughout apheresis (type A), as shown in Fig. 5A. The second showed an increase in pulse rate during withdrawal and its recovery during return of



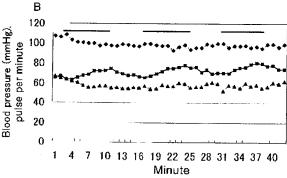


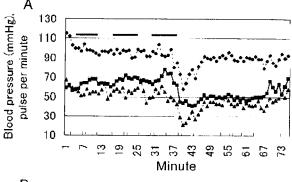
Fig. 5. Blood pressure and pulse rate measured every 1 minute during apheresis, averaging from five women donors whose pulse rate was stable (A) and increased (B) during blood withdrawal. (♦) Systolic and (▲) diastolic blood pressure; (■) pulse rate.

TABLE 2. CBV (mL) in donors showing stable pulse (type A) and fluctuating pulse rate (type B) during apheresis and in VVR donors\*

Men	
Type A	4657.3 ± 284.3 (n = 20)
Type B	$4347.1 \pm 391.7 \text{ (n = 19)}$
VVR	$4160.8 \pm 458.6 (n = 2)$
Women	,
Type A	$3819.1 \pm 387.0 (n = 21)$
Туре В	$3550.9 \pm 341.1 (n = 41)$
VVR	3535.6 ± 248.6 (n = 6)

The differences of blood volume between type A and type B donors were statistically significant (p < 0.05) for both men and women donors. There was no difference in blood volume between VVR donors and type B donors.

blood (type B), as shown in Fig. 5B. The third was an irregular fluctuation without any clear relationship to blood withdrawal (type C, not shown). Types A, B, and C were shown in 31, 60, and 9 percent of women donors and 49, 46, and 5 percent of men donors, respectively. Women donors over 40 years old mostly (15 of 19) showed the type B fluctuating pattern, and there were only two each of donors showing types A and C, respec-



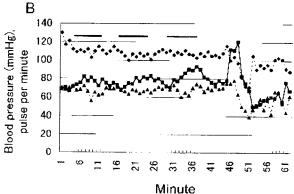


Fig. 6. (A) Blood pressure and pulse rate in a women donor (43 years old) who suffered from VVRs during the third cycle of blood withdrawal. VVRs were accompanied by tachycardia and lowered blood pressure, and then tachycardia was followed by prolonged bradycardia. The donor was laid down flat until recovery. (B) Another example of VVRs (a 20-year-old woman donor). VVRs occurred when she started to leave the bed and were accompanied by bradycardia and hypotension following transient tachycardia. Both donors showed an increase in pulse rate during blood withdrawal (indicated by horizontal bars). (\*) Systolic and (\*) diastolic blood pressure; (\*) pulse rate.

tively. In contrast, in men donors over 40 years old, 40 percent were type B (6 of 15) and 60 percent were type A.

The mean CBV of the donors showing pulse rate fluctuations (type B) was less (about 7%) than those showing stable pulse rate (type A) both for men and for women donors (Table 2), and their differences were significant (p < 0.05).

The pulse rate data on VVRs were obtained from six women (20-43 years old) and two men donors (23 and 44 years old). They all showed the pulse rate fluctuations of the type B before the appearance of VVRs, as shown in two examples illustrated in Figs. 6A and 6B. The donors shown in Fig. 6 were kept in bed horizontally until they recovered, without medication. Typical VVRs were accompanied by marked bradycardia and periods of hypotension of various durations. The mean CBV of donors

1564 TRANSFUSION Volume 42, December 2002

who suffered from VVRs was similar to that of donors showing pulse fluctuations of type B both for men and for women (see Table 2).

#### DISCUSSION

The incidence of VVRs decreased with advancing age in the population of WB donors, both men and women donors, as previously reported.<sup>2-4,6</sup> A similar relationship was observed in men apheresis donors. However, no such a tendency was found in women apheresis donors. The VVR incidence of women apheresis donors was rather independent of age or even higher over 45 years old (see Fig. 1). This was not due to a high proportion of first-time donors in older women, because most donors over 45 years old were repeated donors.

The CBV was significantly (approx., 20%) less in women and it was also about 4 percent less (p < 0.05) in VVR donors than in healthy control donors. The VVR incidence tended to be higher with smaller CBV (see Figs. 3 and 4). It is possible in old donors that the actual CBV is less than that estimated solely from the height and weight determinations<sup>7</sup> and that the peripheral blood pool is small.<sup>8</sup> This may explain the larger effects of blood withdrawal in older donors. If stronger hypovolemia was a major factor in VVR incidence, it seems difficult to explain the difference in VVR incidence between WB and apheresis donors (see Figs. 1 and 3). Some other factors such as autonomic malfunction and hypocalcemia are more likely to be involved in higher VVR incidence in women, particularly older, apheresis donors.

A tachycardia was often observed during blood withdrawal without an associated change in arterial pressure. The ratio of the donors who showed such pulse rate fluctuations (type B) was higher in women than men and this difference was larger over 40 years of age. Furthermore, the VVR donors all showed type B fluctuations. Donors having smaller CBV have a tendency to produce tachycardia during apheresis (see Table 2). The increase in pulse rate usually became more marked with increasing cycles of blood withdrawal. This may have been due to an increased hypovolemia, because the extracorporeal blood volume increases with number of apheresis cycles. Tachycardia, without any significant changes in arterial blood pressure, has also been reported in response to a decreased venous return caused by lower-body negative pressure in humans<sup>9,10</sup> or by hemorrhage of up to 10 mL per kg blood in conscious dogs.11 These responses are likely to be mediated by cardiopulmonary (low-pressure) baroreceptors, the sensitivity of which to hemorrhage is shown to be higher than those of carotid sinus (highpressure) baroreceptors in dogs. 12 The mechanism causing the tachycardia during blood withdrawal is likely to be involved in triggering the patterns of VVRs by the circulatory control center.

In the apheresis, it is possible that the sensitivity of baroreceptor-mediated reflex is increased by a decrease in plasma Ca<sup>2+</sup> concentration that is known to be caused by the supply of citrate during blood return.<sup>12,13</sup> This is probably one of the factors involved in the high VVR incidence in older women apheresis donors, whose VVR incidence is increased by repeating blood withdrawal and return. Not only the effects of blood withdrawal, but also the effects of citrate on the reflex mediated by cardiopulmonary baroreceptors would be stronger in the smaller CBV of old women donors. These factors may explain a high VVR incidence of elderly women donors and at later stage of apheresis.

#### **ACKNOWLEDGMENTS**

The authors are grateful to the nurses in our blood center for their help in accumulating the data and to Akira Takeda in making the figures. The authors also thank G.D.S. Hirst, PhD, University of Melbourne, Parkville, Vic., Australia, for improving the manuscript.

### REFERENCES

- Ruetz PP, Johnson SA, Callahan R, Meade RC, Smith JJ.
   Fainting: a review of its mechanisms and a study in blood donors. Medicine 1967;46:363-84.
- Trouern-Trend JJ, Cable RG, Badon SJ, Newman BH, Popovsky MA. A case-controlled multicenter study of vasovagal reactions in blood donors: influence of sex, age, donation status, weight, blood pressure, and pulse.
   Transfusion 1999;39:316-20.
- Kasprisin DO, Glynn SH, Taylor F, Miller KA. Moderate and severe reactions in blood donors. Transfusion 1992; 32:23-6.
- Oosaka M, Kojima K. Blood donation and VVR (in Japanese). Niigata, Japan: Niigataken Red Cross Blood Center; 1999:1-46.
- Ogawa R, Fujita T, Fukuda Y. Blood volume studies in healthy Japanese adults. Respir Circ (Jpn) 1970;18:833-8.
- Ogata H, Iinuma N, Nagashima K, Akabane T. Vasovagal reactions in blood donors. Transfusion 1980;20:679-83.
- Davy KP, Seals DR. Total blood volume in healthy young and older men. J Appl Physiol 1994;76:2059-62.
- 8. Olsen H, Vernersson E, Lanne T. Cardiovascular response to acute hypovolemia in relation to age: implications for orthostasis and hemorrhage. Am J Physiol Heart Circ Physiol 2000;278:H222-32.
- Farquhar WB, Taylor JA, Darling SE, Chase KP, Freeman R. Abnormal baroreflex responses in patients with idiopathic orthostatic intolerance. Circulation 2000;102: 3086-91.
- Murray RH, Thompson LJ, Bowers JA, Albright CD. Hemodynamic effects of graded hypovolemia and vasode-

- pressor syncope induced by lower body negative pressure. Am Heart J 1968;76:799-811.
- Shen YT, Knight DR, Thomas JX, Vatner SF. Relative roles of cardiac receptors and arterial baroreceptors during hemorrhage in conscious dogs. Circ Res 1990;66:397-405
- 12. Gupta PD, Henry JP, Sinclair R, von Baumgarten R. Responses of atrial and aortic baroreceptors to nonhypoten-
- sive hemorrhage and to transfusion. Am J Physiol 1966; 211:1429-37.
- 13. Bolan CD, Greer SE, Cecco SA, et al. Comprehensive analysis of citrate effects during plateletpheresis in normal donors. Transfusion 2001;41:1165-71.
- 14. Olson PR, Cox C, McCullough J. Laboratory and clinical effects of the infusion of ACD solution during platelet-pheresis. Vox Sang 1977;33:79-87. ■



## **Guidance for Industry and FDA Review Staff**

# Collection of Platelets by Automated Methods

Additional copies of this guidance are available from the Office of Communication, Training and Manufacturers Assistance (HFM-40), 1401 Rockville Pike, Suite 200N, Rockville, MD 20852-1448, or by calling 1-800-835-4709 or 301-827-1800, or from the Internet at http://www.fda.gov/cber/guidelines.htm.

For questions on the content of this guidance, contact the Division of Blood Applications, Office of Blood Research and Review at 301-827-3524.

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Biologics Evaluation and Research
December 2007

## **Table of Contents**

I.	INTE	RODUCTION	1
II.	DISC	CUSSION	2
	A.	Background	2
	<b>B.</b> .	Definitions	
III.	DON	OR SELECTION AND MANAGEMENT	5
	A.	Donor Selection	5
	В.	Donor Management	
	1.		
	2.		
	3.		
	4.		
IV.	INFO	ORMATION PROVIDED TO THE DONOR	7
V.	COM	IPONENT COLLECTION	7
VI.	VAL	IDATION OF THE COLLECTION PROCESS	8
	A.	Equipment Installation Qualification	9
	В.	Validation Protocol	
	C.	Process Performance Qualification (Operator)	
	D.	Product Performance Qualification for Component Collection Process	
	E.	Re-Qualification/Re-Validation	
VII.	QUA	LITY ASSURANCE AND MONITORING	14
	<b>A.</b>	Standard Operating Procedures (SOPs) and Recordkeeping	14
	1.	Requirements for SOPs	14
	2.	1 I	14
	3.	Recordkeeping	17
	В.	Donor Monitoring	
	1.		
	2.		
	C.	Component Testing	
	1.	1 -1 -1	
	2.	8	
	D.	Equipment/Supplies	20
	E.	Operator Training	
	F.	Quality Monitoring	21
VIII.	PRO	CESSING AND TESTING	21
	A.	Processing	
	В.	Communicable Disease Testing	21
	C.	Expiration Date	

IX.	LAE	BELING	22
Χ.		PORTING CHANGES TO AN APPROVED BIOLOGICS LICENSE LICATION (BLA)	22
	A.	Prior Approval Supplement (PAS): Changes Requiring Supplement Submission and Approval Prior to Distribution of the Product Made Usin the Change (Major Changes) (21 CFR 601.12(b))	
	В.	Changes Being Effected in 30 Days (CBE-30) Supplement: Changes Requiring Supplement Submission at Least 30 Days Prior to Distribution the Product Made Using the Change (21 CFR 601.12(c))	of
	C.	Submission Inclusion Documents	
	D.	Submission of Platelets, Pheresis Sample(s) to CBER	
	E.	Shipping Platelets, Pheresis Sample(s) to CBER	
XI.	CON	NTACT INFORMATION	28
XII.	REF	TERENCES	30

## Guidance for Industry and FDA Review Staff Collection of Platelets by Automated Methods

This guidance represents the Food and Drug Administration's (FDA's) current thinking on this topic. It does not create or confer any rights for or on any person and does not operate to bind FDA or the public. You can use an alternative approach if the approach satisfies the requirements of the applicable statutes and regulations. If you want to discuss an alternative approach, contact the appropriate FDA staff. If you cannot identify the appropriate FDA staff, call the appropriate number listed on the title page of this guidance.

### I. INTRODUCTION

This guidance provides you, blood establishments, and FDA staff with revised recommendations for the collection of Platelets by automated methods (plateletpheresis). This guidance is intended to help you ensure donor safety and the safety, purity, and potency of Platelets collected by an automated blood cell separator device. For the purpose of this document, Platelets collected by automated methods and resuspended in plasma will be referred to by the product name "Platelets, Pheresis." We consider the recommendations in this guidance document to provide appropriate criteria for a biologics license application or supplement for manufacturing Platelets, Pheresis, and provide guidance on preparing a manufacturing supplement for Platelets, Pheresis under Title 21 Code of Federal Regulations 601.12 (21 CFR 601.12).

This guidance applies only to the following Platelets, Pheresis components:

- Platelets, Pheresis (single, double, and triple collections);
- Platelets, Pheresis Leukocytes Reduced (single, double, and triple collections); and
- Platelets, Pheresis or Platelets, Pheresis Leukocytes Reduced collected concurrently with Plasma, Red Blood Cells (RBCs), and/or Source Plasma. 1

This guidance replaces FDA's "Revised Guideline for the Collection of Platelets, Pheresis" dated October 1988. Also, this guidance finalizes the draft guidance, "Guidance for Industry and FDA Review Staff: Collection of Platelets by Automated Methods" dated September 2005.

FDA's guidance documents, including this guidance, do not establish legally enforceable responsibilities. Instead, guidances describe the FDA's current thinking on a topic and should be viewed only as recommendations, unless specific regulatory or statutory requirements are cited.

<sup>&</sup>lt;sup>1</sup> This guidance does not apply to plateletpheresis components collected concurrently during apheresis granulocyte collection procedures or plasma reduced apheresis platelets, which are not currently licensed products, or to platelets prepared from plasmapheresis as described in 21 CFR 640.22(b).

The use of the word *should* in FDA's guidances means that something is suggested or recommended, but not required.

If you have any questions about the effect of any portion of this guidance on a regulatory requirement, contact the Center for Biologics Evaluation and Research (CBER), Office of Blood Research and Review, Division of Blood Applications, at 301-827-3524.

### II. DISCUSSION

### A. Background

Plateletpheresis is the routine collection of platelets using an automated blood cell separator device, which results in the product Platelets, Pheresis manufactured from a high yield of platelets from a single donor. Transfusion of Platelets, Pheresis is effective for treating patients with platelet related insufficiencies, while limiting the recipient's exposure to platelets from multiple donors. In recent years, many improvements have been made in automated blood cell separator device technology, platelet storage stability, and blood cell counting methods, including:

- collection process efficiency;
- storage container characteristics; and
- accuracy of methods for determining a donor's pre-donation platelet count and component yields.

Automated blood cell separator devices are now capable of various plateletpheresis collection procedures including but not limited to the following:

- collection of double and triple platelet components obtained during a single procedure;
- use of in-process leukocyte reduction (Ref. 1);
- collection of concurrent plasma components (Ref. 2); and
- collection of concurrent RBC components (Ref. 3).

This document includes the following recommendations:

- Published research indicates that there is poor recovery of viable platelets stored at a pH of less than 6.2 (Refs. 4 and 5). Therefore, your process validation and quality control (QC) testing for Platelets, Pheresis should assure a pH at or above 6.2, to rule out a pH less than 6.2 on the date the product is issued or on the date the product expires (outdates). Note that we recommend that you adopt a stricter pH standard than that currently specified in 21 CFR 640.25(b)(2).
- You should include additional deferral criteria for donors of Platelets, Pheresis who have taken certain medications (see section III.A.) (Refs. 6, 7, and 8).

- To protect the safety of the donor, seven days should elapse after collection of a double or triple Platelets, Pheresis before the donor is eligible to donate Platelets, Pheresis again. In addition, first-time donors without a pre-donation platelet count should not undergo collection of a triple Platelets, Pheresis.
- Because of similarities between plateletpheresis and Source Plasma donation, you should follow the donor weight provisions for Source Plasma donors under 21 CFR 640.63(c)(6) (see Section III.A.).
- QC testing, as prescribed in 21 CFR 640.25(b)(1) through (3) requires that, each month, four units prepared from different donors be tested at the end of the storage period for platelet count, pH of not less than 6.0 when measured at the storage temperature of the unit, and volume. In addition, 21 CFR 211.160(b) requires that laboratory controls include the establishment of scientifically sound and appropriate specifications, standards, sampling plans, and test procedures designed to assure that components, drug product containers, closures, in-process materials, labeling, and drug products conform to appropriate standards of identity, strength, quality, and purity.

We also note that bacterial contamination of blood components and associated transfusion risks is a continuing problem (Refs. 9 and 10). Bacterial contamination testing is a necessary part of process validation and quality assurance monitoring for Platelets, Pheresis.

### B. Definitions

For purposes of the terms used in this guidance, the following definitions apply:

Actual platelet yield – The total platelet yield in the component, calculated by multiplying the platelet count of the sample times the volume of the component (platelet count x component volume = actual platelet yield).

**Apheresis** – Automated blood collection in which a device continuously or intermittently removes a small volume of whole blood, separates the components, collects certain components, and returns to the donor the uncollected remainder.

Automated blood cell separator – A device that uses a centrifugal or filtration separation principle to automatically withdraw whole blood from a donor, separate the whole blood into blood components, and return to the donor the remainder of the whole blood and blood components. The automated blood cell separator device is intended for routine collection of blood and blood components for transfusion or further manufacturing use.

**Bacterial contamination testing** – Testing conducted to determine whether a product contains viable contaminating bacteria.

Component – A part of a single donor's blood, such as platelets, separated from whole blood by physical or mechanical means. For Platelets, Pheresis, a component is a

transfusable product that may result from a single collection (resulting in one component), a double collection (resulting in two Platelets, Pheresis components), or a triple collection (resulting in three Platelets, Pheresis components).

Concurrent component – When a blood component, such as Platelets, is being collected during an apheresis procedure, a concurrent component is a different blood component (i.e., Plasma, RBCs) collected at the same time.

**Dedicated donation** – Platelets, Pheresis donated for a specific recipient.

**Devices cleared or approved** – Describes a device that has been cleared or approved by FDA pursuant to a 510(k) Premarket Notification (cleared device) or Premarket Approval Application (approved device). (See Title 21, United States Code, section 360c; Federal Food, Drug, and Cosmetic Act (FDCA), section 515 – Premarket Approval; and, FDCA, section 510(k)).

**Donation frequency** – Interval between a donor's collection procedures.

**Process validation** – Establishing documented evidence which provides a high degree of assurance that a specific process will consistently produce a product meeting its predetermined specifications and quality characteristics.

Qualification – A part of process validation that establishes confidence that a manufacturing device is capable of operating consistently (equipment installation qualification) and can be performed effectively and reproducibly (process performance qualification), and that the finished product meets all of the release requirements for functionality and safety (product performance qualification).

Residual White Blood Cell (WBC) count – The number of WBCs remaining in a Leukocytes Reduced component, calculated by multiplying the WBC count from a sample of the component times the volume of the component. In this document:

- references to residual WBC count testing apply when the Platelets, Pheresis will be labeled as Leukocytes Reduced.
- references to percent platelet retention apply to leukocyte reduction by filtration, provided there is access to a pre-filtration sample.

**Rolling 12-month period** – Continual assessment of a donor over a 12-month period. This is not a set 12-month period (i.e., calendar year).

**Target platelet yield** – The intended platelet yield programmed into an automated blood cell separator device, which may be based on the donor's platelet count and other factors.

**Tolerance values** – Minimum and maximum values (i.e., container volume; platelet concentration) described by the manufacturer as being acceptable. These values may also be described as specifications.

Weight/volume conversion – The total weight of the component minus the tare weight of the empty container divided by the specific gravity of the component equals volume of the component.

### III. DONOR SELECTION AND MANAGEMENT

### A. Donor Selection

Under 21 CFR 640.21(c), plateletpheresis donors must meet donor suitability criteria described in the biologics license application or supplement. These typically conform to donor suitability requirements (21 CFR 640.3) and recommendations applicable to donors of Whole Blood. In addition, we recommend:

- donor weight of at least 110 pounds (currently required for Source Plasma donors under 21 CFR 640.63(c)(6))
- Prior to the first donation, collect a sample for a platelet count.
- If you cannot test a sample for a platelet count prior to the first donation (for example, because the donor presents at a mobile collection site), you should collect a predonation sample and evaluate the donor's platelet count after the first collection.

You should not collect Platelets, Pheresis from donors who have ingested platelet inhibitory drugs recently enough to adversely affect platelet function in the product, or the safety of the donor. These recommendations include, but may not be limited to:

- Aspirin (ASA)/ASA-containing drugs/Feldene two full medication free days prior to donation (Refs. 6 and 7)
- Plavix (Clopidogrel) and Ticlid (Ticlopidine) 14 full medication free days prior to donation (Ref. 8).

When the drugs listed in this section are taken for a specific medical condition, donors should not discontinue taking drugs prescribed or recommended by their physicians in order to be eligible<sup>2</sup> to donate Platelets, Pheresis. However, we do not necessarily recommend deferral of such donors for all blood products, if the donors are in good health, and establishments may make eligibility determinations for donations of other products.

<sup>&</sup>lt;sup>2</sup> We are using the terms "eligible" and "eligibility" in this guidance to refer to the donor suitability requirements described in 21 CFR 640.3 and 640.21(c).